## EMPLOYEE RIGHTS UNDER THE FAIR LABOR STANDARDS ACT THE UNITED STATES DEPARTMENT OF LABOR WAGE AND HOUR DIVISION

# **Federal Minimum Wage**

\$7.25 per hour

Beginning July 24, 2009

Overtime Pay At least 1½ times your regular rate of pay for all hours worked over

Child Labor

ChildLabor An employee must be at least 16 years old to work in most non-farm jobs and at least 18 to work in non-farm jobs declared hazardous by the Secretary of Labor. Nouths 14 and 15 years old may work outside school hours in various non-manufacturing, non-mining, non-hazardous jobs under the following conditions:

No more than
3 hours on a school day or 18 hours in a school week;
8 hours on a non-school day or 40 hours in a non-school week;

week. Also, work may not begin before 7 a.m. or end after 7 p.m., except from June 1 through Labor Day, when evening hours are extended to 9 p.m. Different rules apply in agricultural employment.

### Tip Credit

Trp Credit Employees of "tipped employees" must pay a cash wage of at least \$2.13 per hour if they claim a tip credit against their minimum wage obligation. If an employer its ucombined with the employer's cash wage of at least \$2.13 per hour do not equal the minimum hourly wage, the employer must make up the difference. Certain other conditions must also be met.

### Enforcement

Basic Leave Entitlement

Enforcement The Department of Labor may recover back wages either administratively or through court action, for the employees that have been underpaid in violation of the law. Violations may result in civil or criminal action.

Employers may be assessed civil money penalties of up to \$1,100 for each willful or repeated violation of the minimum wage or

Basic Leave Entitlement FMLA requires covered employers to provide up to 12 weeks of unpaid, job-protected leave to eligible employees for the following reasons: – For incapeedly due to pregnancy, prematil medical care or child birth; – To care for the employee's child after birth, or placement for adoption or fouter care.

For incapacity care to pregname, premain measurement or adoption To care for the employee's child after birth, or placement for adoption or foster care;
 To care for the employee's sponse, son or daughter, or parent, who has a serious health condition; or
 For a serious health condition that makes the employee unable to perform the employee's job.

Military Family Leave Entitlements Eighle employees whose sponse, son, daughter, or parent is on covered active dury or call to coverad active dury stams may use their 12-week leave entitlement to address certain qualifying exigencies. Qualifying exigencies may include attending certain implury events, aranging for alternative elidates, addressing certain financial and legal arrangements, attending certain information techniques.

and attenting proof-deplyment reintrgradius briefings. PALA also backless despectives provide a service discussion the permits display the implayees to take app of 2 works of farse to care far a covered servicementler dating align [2 - 2 stands pixel of a covering servicements (1) a careter number of sindersigning medical remainst recognition or therapy, is obtained to induce the service of the service of the service of the service is con-generating and the service of the service of the service of the covering version indipies of the service of the service of the service of the covering version indipies of the service of the service of the covering of the first data for the service of the service of the covering of version indipies of these molecules in the service of the covering of version indipies of these molecules and the service of the covering of version service from 100 M. A distillation of "versions beafth modifies."

Benefits and Protections During FMLA leave, the employer must maintain the employee's health coverage under any "group health plan" on the same terms as if the employee had continued to work. Upon return from FMLA leave, most employees must be reasored to their original or equivalent positions with operativation pay, because and the employ-

Use of FMLA leave cannot result in the loss of any employment benefit that accrued prior to the start of an employee's leave.

Eligibility Requirements Employees are eligible if they have worked for a covered employer for at least 12 nomths, for 1.250 hours of service in the previous 12 months\*, and if at least 50 employees are employed by the employer within 75 miles. \*Special hours of service eligibility requirements apply to airline flight

Definition of Serious Health Condition A serious health condition is a illness, injury, impairment, or physical or meraal condition that involves either an overaight stay in a medical care facility, or continuing treatment by a health care provider for a condition that either prevents the employee from performing the functions of the of the employee's job, or prevents the qualified family member from participating in school or other daily

Subject to certain conditions, the continuing treatment requirement may be met by a period of incapacity of more than 3 consecutive calendar days combined with at least two visits to a health care provider or one visit and a regimen of continuing

DISABLINT Title 1 and Title V of the Americans with Disabilities Act of 1990, as amended, protect additied individuals from discrimination on the basis of disability in hirring promotion, dischare gap, finge benefits, job training, classification, referal, and other aspects of employment. Dualidity discrimination includes not nulleing use availabili-concentrations to the balan product amendal limitations of an other stee sub-alification with a disability which is an applicator or employee, barring under hardhrigh under a disability who is an applicator or employee. Barring under hardhrigh and the disability who is an applicator or employee. Barring under hardhrigh

AGE The Age Discrimination in Employment Act of 1967, as amended, protects applicants and employees 40 years of age or older fromdiscrimination based on age in hims, promotion, discharge, pay, fringe benefits, job training, classification, referal, and other aspects of employment.

arx (WR412) in addition to actionrimination prohibited by Ttile VII of the Civil Rights Act, as amended, the Equal Pay Act of 1963, as amended, prohibits see discrimination in the payment of wages to women and men performing substantially equal work, in jobs that require equal skill, effort, and responsibility, and end of the similar working conditions, in the same establishment.

REF\_CCO.0R\_RELIGION\_SCI\_NUTOMAL-ORGH Executive Order 11246; as amended, prohibits pib-discrimination on the basis of tack.cdbs.or religion, resident, seen and and regional and regional and matchine action to index seen of production of the second methylamic action of the sectors 502 of this finishabilitation Act of 1973, as amended protective, autification index shall be an examination on the basis of addition the integration of the sectors 502 of this finishabilitation Act of 1973, as amended protective, addition index shall be additioned on the basis of addition the integration of the sectors 502 of this finishabilitation Act of 1973, as amended protective, addition of the sectors and the sectors of the sectors of the sectors of the sectors 502 of the infinishabilitation Act of 1973, as amended protective, addition of the sectors 502 of the infinishabilitation Act of 1973, as amended protective, addition of the sectors 502 of the infinishabilitation and the sector of the sectors of the sectors 502 of the infinishabilitation and the sector of the sectors of the sectors 502 of the infinishabilitation and the sector of the sectors of the sectors 502 of the infinishabilitation and the sector of the sectors of the sectors 502 of the infinishabilitation and the sector of the sectors of the sectors 502 of the infinishabilitation and the sector of the sectors of the sectors of the sectors 502 of the sectors 502 of the infinishabilitation and the sectors of t

Individual from discrimination on the basis of disability in hining, pomotion, discharge, pay, fridge benefist, job training, classification, where al, and other aspects of employment. Disability discrimination includes not making reasonable accommodation to the known physical or meeting illinitations of an otherwise qualified individual with a disability who is an applicant or employee, barring undue herdiho. Section 303 also meanists that feature contractors take alfimathe action to employ and advance in employment qualified individuals with disabilities at levels of employment, including the executive lovel.

EEOC 9/02 and OFCCP 8/08 Versions Useable With 11/09 Supplement

XSABLED, RECENTLY SEPARATED, OTHER PROTECTED, AND ARMED FORCES SERVICE MEDAL VEI IBLANS The Vietnam Era Veterani' Readjustment Assistance Act of 1974, as amended, 38 U.S.C. 4212, prohibits job discrimination and requires affirmative action to employ in the second requires affirmative action to employ

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overtime pay provisions of the law and up to \$11,000 for each employee who is the subject of a violation of the Acr's child here provisions. In addition, a civil money parally of up to \$50,000 mg be assessed for each child labor violation that cause the death or invition liquity of any monitor employee, and calculate sense may be willful or repared. The law also prohibits discriminaring against or discharging workers who for a complaint or participate in any proceeding under the Act.

### Additional Information

Additional Information General comparison and establishments are energy from the minimum wage and/or overtime pay provisions. Special provisions apply to worker in American Samoa and the Commonwealth of the Northern Mariana Idanda. Some trate laws provide greater employees protections camplayers must comply with both. The law requires employees to diaplay this ponter where employees an analyze it. Imployees under 50 years of age may be paid \$4.24 per hour with an employee.

Certain full-time students, student learners, apprentices, and workers with disabilities may be paid less than the minimum wage under special certificates issued by the Department of Labor.





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treatment, or incapacity due to pregnancy, or incapacity due to a chronic condition Other conditions may meet the definition of continuing treatment.

Use of Leave Use of Leave An employee does not need to use this leave entitlement in one block. Leave can be taken intermitmently or on a reduced leave schedule when medically necessary Employees must make rasonable efforts to schedule leave for planned medical treatment so an not to undly dissupt the employer's operations. Leave due to qualifying exigencies may also be taken on an intermitment basis.

Substitution of Paid Leave for Unpaid Leave Employees may choose or employees may require use of accured paid leave while taking FMLA leave. In order to use paid leave for FMLA leave, employees must comply with the employer's normal paid leave policies.

comply with the employer's normal pail here pedicis. **Employse Responsibilities** Employses may provide 70 days where motice of the need to the employee many provide notice as soon as practicable and generally must comply with an employee. The provide additional distribution of the employees many provide additional distribution of the main system of the employees many provide additional distribution of the main system of the employees many provides and the provides additional distribution of the lenses, and distribution of the lenses and the main system of the main system main of the lenses and the main system of the main system of the provides, or a circumates supporting the need of nullings from the lenses. Employees and the main distribution of the main system of the main provides, or a circumates supporting the need of nullings from the lenses. Employees addots main additional the formation of the main system of the additional system of the lenses of the system of the main system of the system of the system the provides, or a circumates supporting the need of nullings from the lenses. Employees addots main the employee of the respective lenses is the system addition of the lenses constrained and periodical system of the system of the system addition of the lenses constrained and periodical system of the system of the

Employer Responsibilities Covered employers must inform employees requesting leave whether they are eligible under PMAL. It they are, thooscie must specify any additional information required as well as the employees' rights and responsibilities. If they are not eligible, the employer must provide a reason for the ineligibility. Covered employees must inform employees if leves with be designed as FMLA protocode and the amount of leave counted against the employee's leave estille-ment. If the employer determines that the leave is not FMLA-protocoted, the employer determines that the leave is not FMLA-protocoted, the employer must only the employee.

Equal Employment Opportunity is The Law Private Employers, State and Local Governments, Educational Institutions, Employment Agencies and Labor Organizations

Applicants to and employees of most private employers, state and local governments, educational institutions, yment agencies and labor organizations are protected under Federal law from discrimination on the following ba

employment approxis and labor organizations are protected under Y earls law fram unamanus une numerous unes. GENETS The Wild Pec VIII Rights Act of May a namediad, protects application and employment and discontentiation in hiring, promotion, dichargia page, frames benefits, job taxing, disclatification, refersit, and endprives and the stress of the stress of the stress of the stress and employment and stress of the stress of t

Employers Holding Federal Contracts or Subcontracts

Applicants to and employees of companies with a Federal government contract or subc are protected under Federal law from discrimination on the following bases:

Programs or Activities Receiv

Unawful Acts by Employers PMLA makes it unlawful for any employer to: Interfere with retrain, or dopy the exercise of any right provided under PMLA; Discharge or discriminate against any person for opposing any practice made unlawful by PMLA or for involvement in any proceeding under or relating to MMLA.

C ETALIATION All of these Federal laws prohibit covered entities from retaliating against a person who files a charge of discrimination, participates in a discrimination proceeding, or other wise opposes an unlawful employment practice.

three years of discharge or release from active day), other protected voltrands (values no values and a single area in a campage) or expedition for which are not the single area in a campage) or expedition for which are not voltrands where the days are for a single single area of the single area

Any person who believes a contractor has violated its nondiscrimination or affirmative action obligations under the authorities above should contact immediately:

SIDMOUNLS WITH DISABLENTS Section 504 of with Rehabilitation Act of 1973, as amended, prohibits employment discrimination on the basic of disability in any program or activity which receives referrant function assistance. Discrimination is prohibitise in all aspects of employment against persons with disabilities who, with or without reasonable accommodation, and per form the estimatia function of the job.

If you believe you have been discriminated against in a program of any institution which receives Federal financial assistance, you should immediately contact the Federal agency providing such assistance.

The Officio of Federal Contract Compliance Programs (OFCCP), U.S. Department of Labor, 200 Constitution Avenue, N.W., Washington 20210, 1400-307-625 (1001-640) or (202) 093-1337 (TTY). OFCCP mu contacted by e-mail at OFCCP-Publicitodiogy.or yor you align an OFC or district office, listed in most telephone directories under U.S. Gov Department of Labor.

ing Federal Financial Assistance

FMLA section 109 (29 U.S.C. § 2619) requires FMLA cove employers to post the text of this notice. Regulations 29 C.F.R. § 825.300(a) may require additional disclosures.

Enforcement An employee may file a complaint with the U.S. Department of Labor or may bring a private lawsuit against an employer.

FMLA does not affect any Federal or State law prohibiting discrimination, or supersede any State or local law or collective bargaining agreement which provides greater family or medical lawe rights.



NW NEBRASKA DEPARTMENT OF LABOR dol.nebraska.gov

> Omaha Federal Office Wage and Hour Divison: 402-221-4682

# **Job Safety and Health** It's The Law!

## Employees:

- You have the right to notify your employer or OSHA about workplace hazards. You may ask OSHA to keep your
- You have the right to request an OSHA inspection if you believe that there are unsafe and unhealthful conditions in your workplace. You or your representative may participate in the inspection.
   You can file a complaint with OSHA within 30 days of recaliation or discrimination by your employer for making safery and health complaints of for exercising your rights under the OSHAct.
- You have a right to see OSHA citations issued to your employer. Your employer must post the citations at or near the place of the alleged violations.
- Your employer must correct workplace hazards by the date indicated on the citation and must certify that these hazards have been reduced or eliminated.
- You have the right to copies of your medical records and records of your exposures to toxic and harmful substances or conditions.
- Your employer must post this notice in your workplace.
- You must comply with all occupational safety and health standards issued under OSH Act that apply to your own actions and conduct on the job.
- Employers:
- You must furnish your employees a place of employment free from recognized hazards. You must comply with the occupational safety and health standards issued under the OSH Act.
- Free assistance in identifying and correcting hazards or complying with standards is available to employers, without citation or penalty, through OSHA-supported consultation programs in each state.

# 1-800-321-OSHA • www.osha.gov

U.S. Department of Labor Occupational Safety and Health Administration \* OSHA 3165 -12-O6R

# The Employee Polygraph Protection Act

The Employee Polygraph Protection Act prohibits most private employers from using lie detector tests either for pre-employ-ment screening or during the course of employment.

ment screening or during the course of employment. **Prohibition** Employers are generally prohibited from requiring or request-ing any employer of polyapicant to take a lie detector test, and from discharging, disciplining, or discriminating against an employee or prospective employees for enclassing to take a test or for exercising other rights under the Act.

Exemptions\* Federal, State and local governments are not affected by the law. Also, the law does not apply to tests given by the Federal Government to certain private individuals engaged in national security-related activities.

security-related activities. The Act permits polygraph (a kind of lie detector) tests to be administered in the private sector, subject to restrictions, to certain prospective employees of security service firms (armored car, afarm, and guard), and of pharmaceutical manufacturers, distributor and dispensers.

The Act also permits polygraph testing, subject to restrictions, of certain employees of private firms who are reasonably suspected of involvement in a workplace incident (theft, embezzlement, etc.) that resulted in economic loss to the employer.

Examinee Rights Where polygraph tests are permitted, they are ous strict standards concerning the conduct ar where posygraph tests are perimited, they are subject to infine ous strict standards concerning the conduct and length of the test. Examinees have a number of specific rights, including the right to a written notice before testing, the right to refuse or



Enforcement The Secretary of Labor may bring court actions to restrain viola-tions and assess civil penalties up to \$10,000 against violators. Employees or job applicants may also bring their own court actions.

### Additional Information

Additional Information Additional Information may be obtained, and complaints of violations may be field, at total offices of the Wage and Hour Division. To locate your nearcst Wage-Hour office, telephone our toil-free information and help line at 1-866-4120WAGE (1-866-487-2943). A customer service representative is available to assist you with referal information from Sam to Spin in your time zonce or if you have access to the internet, you may log onto our Home page at www.waghout.od.log.v.

The law requires employers to display this poster where employees and job applicants can readily see it.

THE LAW DOES NOT PREEMPT ANY PROVISION OF ANY STATE OR LOCAL LAW OR ANY COLLEC-TIVE BARGAINING AGREEMENT WHICH IS MORE 11VE BARGAINING AGREEMENT WHICH IS MORI RESTRICTIVE WITH RESPECT TO LIE DETECTOR TESTS.



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Even if you don't elect to continue coverage during your military service, you have the right to be reinstated in your employer's health plan when you are reemployed, generally without any waiting periods or exclusions (e.g., pre-existing condition exclusions) except for service-connected illnesses or injuries.

For assistance in filing a complaint, or for any other information or USERRA, contact VETS at 1-866-4-USA-DOL or visit its website at http://www.dol.gov/vets.Aninteractive conline USERRA dvisor can be viewed at http://www.dol.gov/elaws/usera.htm

If you file a complaint with VETS and VETS is unable to resolve it you may request that your case be referred to the Department of Justice or the Office of Special Counsel, as applicable, for

You may also bypass the VETS process and bring a civil action against an employer for violations of USERRA.

of USERRA violations.

\* YOUR RIGHTS UNDER USERRA THE UNIFORMED SERVICES EMPLOYMENT AND REEMPLOYMENT RIGHTS ACT

# HEALTH INSURANCE PROTECTION

- REEMPLOYMENT RIGHTS 
   You have the right to be reemployed in your civilian job if you leave that

   if you leave your job to perform military service, you have the right to be form service in the uniformed service and:
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- you ensure that your employer neceives advance written or verbal notice of your service. Services while with that particular employer. Services while with that particular employer. you return to work or apply for reemployment in a timely manner after conclusion of envice, and you have not been separated from service with a dispatilying discharge or under other than howands endotions. ģ

If you are eligible to be reemployed, you must be restored to the job and benefits you would have attained if you had not been absent due to military service or in some cases, a comparable job. The U.S. Department of Labor, Veterans Employment and Training Service (VETS) is authorized to investigate and resolve complaints

## RIGHT TO BE FREE FROM DISCRIMINATION AND RETALIATION

- are a past or present member of the uniformed service; have applied for membership in the uniformed service; or are obligated to serve in the uniformed service;
- then an employer may not deny you:
- initial employment; reemployment; retention in employment; promotion; or any benefit of employment because of this status.

In addition, an employer may not retaliate against anyone assisting in the enforcement of USERRA rights, including testifying or making a statement in connection with a proceeding under USERRA, even if that person has no service connection.

The rights listed here may vary depending on the circumstances. The text of this notice was prepared by VETS, and may be viewed on the internet at this address: http://www.dol.gov/vets/programs/users/posterk/nn. Foderal law requires employees to notify employees of their rights used USERPA, and employers may meet this requirement by displaying the tast of this notice where they customethy place notices for employees.



This poster is provided by the Nebraska Department of Labor + For local office information go to: www.dol.nebraska.gov Notice to employers: This poster is designed to fulfill six federal workplace posting requirements. It does not necessarily fulfill ALL workplace posting requirements. Keep this posted in a conspicuous place. Equal Opportunity Employer/Program - TDD 1. 300:0337.372

Auxiliary aids and services are available upon request to individuals with disabilities.

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